

The Advanced Age Defying facial at The Bodhi Spa



# THE *spa* DATE

**The Bodhi Spa** in Newport features hydrotherapy, the art of healing through the application of water in any form – hot, cold, steam, or ice – using tried-and-true methods that date back to ancient Egypt. Think plunge pools, steam rooms, and massage tables. You'll have many options for soothing your soul with water, in increments of 30 minutes, an hour, or an hour and a half, with prices starting at \$140.

**CUPID SAYS:** The Hydrotherapy Couples' Massage lets you and your honey relax side by side for full-body massages in total comfort and relaxation.



# THE *car* DATE

With destinations as delicious and exclusive as Newport minutes away, a daycation might be a perfect way to celebrate the one you love. But if multiple trolley stops or public parking aren't your idea of exclusive, **Newport Jaguar Tours** has the perfect alternative. Your tour guide will pick you up in a beautiful classic Jag – a convertible if it's warm enough – to escort the two of you wherever your hearts desire, whether it's a winery or restaurant or a cruise along Ocean Drive. You can also choose from a plethora of themed tours, like "Scandalous Newport," or "The Kennedys in Newport." Tours can run from three hours to a full day.

Hydrotherapy / Water Journey at The Bodhi Spa

